



CREATING YOUR KICK-ASS IDENTITY

**Believe un-
apologetically
in yourself!**





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Lesson 6: Believe unpologetically in yourself!

Can someone else take our power away?

NOBODY can. Even if someone is pointing a gun at your head, you still have the choice of dying for what you believe in... this is what all the great men and women of history have done.



Barbara Roux-Levrat

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The **ONLY** thing that can take our power away
is:

LACK OF BELIEF IN OURSELVES:

our talents, our abilities, our message, our worth,
our rights, our beauty....



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EXERCISE:

What makes it hard to believe in yourself?

Where do you find it hardest to believe in yourself?



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Do you run your life on “Seeing is believing”?

The universe runs on a different law. The law says: **BELIEVE, IN ORDER TO CREATE!**





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What do you need to believe in:

- your worth
- your talents, abilities
- your choices
- your feelings
- your truth
- your message



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When do you need to believe in yourself?

- when getting out of your comfort zone
- against all evidence
- when naysayers come along
- when self-doubt creeps in
- when the inner critics starts to attack you
- when I'm low in energy and feeling down
- when things go wrong





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Will you make mistakes sometimes?

Yess.... even God makes them!

Does that stop Him?

Nooooooo



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Do you know who Elizabeth Gilbert is?

She became famous for turning her life around and falling in love with.. Javier Bardem!

Do you know what happened next?



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**“As you believe,
you create your life.”**

Make it a beautiful masterpiece!

